

The background of the entire image is a sunset scene. A large, dark silhouette of a tree with a wide, flat canopy stands on a small grassy hill. The sun is a bright, glowing orb positioned directly behind the center of the tree's trunk, creating a strong backlight effect. The sky is filled with dramatic, colorful clouds in shades of orange, red, and purple. The horizon line is visible in the lower third of the image, with the calm surface of a body of water reflecting the colors of the sky. Overlaid on the upper half of the image is a large Venn diagram consisting of two overlapping circles. The left circle is a deep blue, and the right circle is a golden-yellow. The intersection of the two circles is a vibrant green. The word "WHOLENESS" is written in a white, serif, all-caps font across the center of the Venn diagram, spanning both circles and their intersection. The text is flanked by two thin white horizontal lines, one above and one below.

WHOLENESS

Your Complete Guide to All-Natural Holistic Wellness

Limited Special Offer

WHOLENESS Video Course



Click Here to Download the Video Course!

(Insert your Upsell Offer URL)

Click Here to Access The "Wholeness" Video Course! (Insert URL)

WHOLISTIC HEALTH: Your Complete Guide to All-Natural Holistic Wellness

Traditional Wellness Resource

WebMD Wellness

<https://www.webmdhealthservices.com/2016/01/27/what-is-wellness/>

Mayo Clinic

Disease and conditions database

<https://www.mayoclinic.org/diseases-conditions>

Lifestyle resources

<http://www.livestrong.com>

Wholistic Wellness resources

Keto Diet

Great resource on wide range of ketogenic lifestyle: mind, body, immune system, etc

<http://www.metonelife.com>

Vipassana Meditation

Great mental wholeness practice

<https://www.dhamma.org/en/about/vipassana>

Click Here to Access The “Wholeness” Video Course! (Insert URL)

Meditation to overcome addictions

<https://www.3ho.org/3ho-lifestyle/health-and-healing/meditation-healing-addictions-0>

Volunteer opportunities

<https://www.usa.gov/volunteer>

Click Here to Access The “Wholeness” Video Course! (Insert URL)